

2016 ALLERGY TALK SERIES



presented by

BOULDER VALLEY

Ear, Nose & Throat

EST. 1978

Over the next 3 months, Boulder Valley ENT will host a series of three Allergy talks addressing the use of medications, immunotherapy and avoidance techniques. While allergies are certainly nothing new, the warmer winters of late have been accompanied by longer allergy seasons, more health issues and a growing population. I hope you will join me as we work toward maximizing the effectiveness of our partnership to better serve this growing health demographic.

Don Maschka, M.D.

SCHEDULE: 6:15 PM—7:30 PM
Thursday, 3-24-2016
Thursday, 4-28-2016
Thursday, 5-19-2016

Location: Patient Lobby at Boulder Valley ENT
4745 Arapahoe Ave. #130 Boulder CO

R.S.V.P.: 303.443.2771 with dates please

WHO: Everyone is welcome

* Choose All of the series or whichever interests you the most.
* Light refreshments will be provided.

BOULDER VALLEY

Allergy Center



RSVP 303.443.2771

www.bouldervalleyent.com

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SESSION DETAILS

THURSDAY, MARCH 24 2016

ALLERGY MEDICATIONS

- Oral Antihistamines
- Nasal Sprays
- Vitamins & Supplements

6:15 PM—6:30 PM: Meet & Greet

6:30 PM—6:40 PM: Quick Overview of Treating Environmental & Seasonal Allergy Medications, SLIT & Avoidance

6:40 PM—7:15 PM: Focus Topic and Q&A Session

7:15 PM—7:30 PM: Closing comments

THURSDAY, APRIL 28 2016

SUBLINGUAL IMMUNOTHERAPY

- What are allergy Drops?
- How do allergy drops work?
- What are the pros and cons of taking allergy drops?

6:15 PM—6:30 PM: Meet & Greet

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6:40 PM—7:15 PM: Focus Topic and Q&A Session

7:15 PM—7:30 PM: Closing comments

THURSDAY, MAY 19 2016

ALLERGEN AVOIDANCE & ENVIRONMENTAL CONTROLS

- Your Home... A Closer Look
- Focus on the Bedroom
- Airborne Irritants

6:15 PM—6:30 PM: Meet & Greet

6:30 PM—6:40 PM: Quick Overview of Treating Environmental & Seasonal Allergy Medications, SLIT & Avoidance

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